



A Prayer for **Catholic Charities**
Diocese of Pittsburgh

○ Lord, our God, we join our hearts to praise you as creator, sustainer and source of all goodness and abundance. We lift up all of our brothers and sisters throughout southwestern Pennsylvania.

For those who have need or are in distress, please open our hearts and minds to accept their challenges as our own and as divine invitations to better understand your love, care, mercy and desire to redeem all aspects of our lives.

For those with ability and resources to reflect your goodness and mercy, prompt hearts to give generously of time and talent to serve you through the many needs of your children.

Bless us all with wisdom to respond to each other with compassion, recognizing each brother and sister as your image bearer.

Finally, increase our desire to serve to the best of our ability, continue to equip us with passion and practical solutions to meet your purposes and strengthen each of us according to the demands of our days.

HOPE FROM HOME

Prayer Guide 2021



212 Ninth Street, Pittsburgh, PA 15222
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A Prayer for **Basic Needs Assistance**
Services of Catholic Charities

God of everlasting mercy, you invite us to come before you boldly to ask for our daily bread. As we do, we are aware that many who live among us will not have the provisions they will need to get through this day. In your abundance, lead those who lack to sources of goodwill and practical help. Show each of us how to bless from the largess you have given us to demonstrate your lavish love and mercy to those in want. Thank you Father, for your son Jesus Christ, who lives and reigns with you in the unity of the Holy Spirit, as the true Bread of Life.



A Prayer for **Counseling**
Services of Catholic Charities

Lord God Almighty, it is not your desire that any person lives in bondage to anxiety, depression or confusion. Lead those in despair to places of emotional healing where they can renew their minds and chart new paths forward, learning how to foster emotional health. Bless those who serve them with gentleness and wisdom to create safe places of recovery, and protect and defend all people involved from weariness. We thank you that you are making all things new and are working even now for the full redemption of all things. Praise you that through your Holy Spirit, you never leave us alone.



A Prayer for **Free Health Care Center**
Services of Catholic Charities

Loving Father, how wonderful are the bodies you have created and given us. Each of us is a source of mystery even to ourselves. Because we live in a fallen world, however, our bodies are vulnerable to disease and injury. For those unable to afford necessary medical and dental care, guide them to those who can help restore health and create plans to tend to their bodies in knowledge, wisdom and care. Bless all medical professionals with unflagging compassion and ability to treat each person before them with the dignity and worth you bestow on your children.



A Prayer for **Homelessness & Housing**
Services of Catholic Charities

○ Lord, to whom no one is a stranger, we know our true home is with you. While we live our lives here, however, we need – and our families need – safe shelter. For those who are without homes or those at risk of losing their homes, please guide them to places of safety where their needs will be met in dignity and honor. Gently surface any underlying issues that may have led to their current circumstances, providing guidance, relief and permanent solution. For those waiting to offer encouragement and provide hope, fill them, Father, with creativity and compassion, protecting them from burnout.



A Prayer for **Pregnancy & Parenting**
Services of Catholic Charities

Almighty ever-living God, who loves us as our tender parent, we are often wearied and frustrated by responsibilities of bringing life forward and caring for our children in ways that honor the gifts and plans you have made for them.

Grant, we pray, that all parents be reminded these plans include loving, capable adults to help guide their children to maturity. Give each parent a hunger to know how best to nurture their children in an atmosphere of encouragement, healthy discipline and love. Lead each parent to ready resources and networks of assistance. Remind each of us what it was to be a child and need the structure and love of adults who are committed to the care and protection of their families.



A Prayer for **Senior Care**
Services of Catholic Charities

○ Lord of life, we know our elders are treasures to respect and cherish. Help us remember how precious each one is and show us specific ways to honor their experience and wisdom. For those who are lonely, please surround them with loving, engaged companions. For those who are vulnerable in mind or body, protect them from all manner of harm. Bless those who work with senior citizens with patience, appreciation and the desire to create meaningful, life-affirming connections.